



SGT UNIVERSITY

SHREE GURU GOBIND SINGH TRICENTENARY UNIVERSITY

(UGC Approved)

Gurugram, Delhi-NCR

Budhera, Gurugram-Badli Road, Gurugram (Haryana) – 122505 Ph. : 0124-2278183, 2278184, 2278185

**Orientation/Induction Program
Professional Diploma in Clinical
Psychology**

Session: 2021-2022



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Department of Clinical Psychology

Faculty of Behavior Sciences

Orientation/Induction Program

Professional Diploma in Clinical Psychology

(Batch: 2021-22)

Date – 20/09/21 to 22/09/21

Time – 10 am to 1 pm



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Day 1 – 20/09/21, Monday

Organizers: Department of Clinical Psychology

Report of the event:

a) **Introduction:** Day 1 of the orientation program for Professional diploma in clinical psychology (Session 2021-2022) would help the students in getting acquainted with the university, faculty and department along with fellow classmates, seniors and faculty members followed by quiz on Mental health

b) **Objective of the Event:**

- 1) To orient students about Department of Clinical Psychology, Faculty of Behavioral Sciences.
- 2) To conduct ice breaking session to create better rapport between new trainees and other department members.
- 3) Mental Health Quiz

c) **Brief content of lecture- started with intro, ice breaking, supervision**

Day 1 of orientation program for Professional diploma in clinical psychology (Session 2021-2022) started with the welcome of new batch by Dr. Vikas Punia, Assistant Professor, FBSC as he familiarized the new batch with SGT University and Department of Clinical Psychology. The new batch introduced themselves following which Ice Breaking sessions were conducted by M.Phil. 1st and 2nd year students. Mental health quiz was being arranged and hosted by M.Phil. Second Year students. The newly joined batch thoroughly enjoyed the all the sessions and the day one ended with a positive note.



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Faculty of Behavioural Sciences
Department of Clinical Psychology

Attendance of Orientation / Induction Program, Day 1
(Session-2021-2022)

Date: 20th September 2021

S.No	Faculties Name	Signature
2	Dr. Vikas Punia	
3	Ms. Chandani Pandey	
4	Ms. Simmy Rohilla	
5	Ms. Megha Sharma	
Professional Diploma in Clinical Psychology		
S.No	Students' Name	Signature
1	Swati Kharb	Swati
2	Amita Chaudhary	Amita Chaudhary
3	Rahul Sharma	Rahul
4	Anshika Mendiratta	Anshika
5	Anjali Menon	Anjali
6	Diksha Bansal	Diksha
7	Rimjhim Kohli	Rimjhim
8	Kripa Khanna	Kripa
9	Pankaj	
10	Amarjyot Singh	Amarjyot
11	Raga Surender Gupta	Raga
12	Kushagra Bhalla	Kushagra
13	Simran Luthra	Simran
14	Roshni Sewani	
15	Sumit Kumar	Sumit
16	Geetanjali Arora	Geetanjali



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Figure 1: Students interacting during ice-breaking session



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Figure 2: Students of Professional Diploma in Clinical Psychology participating in activities.

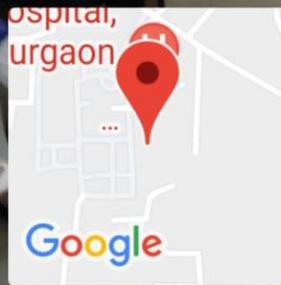


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Gurugram, Haryana, India

FWH3+2P5, Budhera, Gurugram, Haryana 122505, India

Lat 28.477149°

Long 76.904194°

20/09/21 11:43 AM

Figure 3: Ms. Simmy Rohilla, Assistant Professor, FBSC giving token of appreciation to student who won the quiz.



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Day 2 – 21/09/21, Tuesday

Report of the Event :

a) **Introduction:** A movie club was organized by the department of clinical psychology faculty of behavioral science. Resource person of the event was Ms. Simmy Rohilla Assistant professor, FBSC at SGT University, Gurugram.

b) **Objective of the Event:**

To enable students to engage in psychological analysis of the movie and generate discussion among themselves.

c) **Brief content of Movie-**

The name of the movie was “One Flew Over the Cuckoo's Nest”. It is a 1975 American psychological comedy-drama film directed by Milos Forman, based on the 1962 novel of the same name by Ken Kesey. The movie revolves around Randle Patrick McMurphy (Jack Nicholson) who gets transferred for evaluation from a prison farm to a mental institution, he assumes it will be a less restrictive environment. But the martinet Nurse Ratched (Louise Fletcher) runs the psychiatric ward with an iron fist, keeping her patients cowed through abuse, medication and sessions of electroconvulsive therapy. The battle of wills between the rebellious McMurphy and the inflexible Ratched soon affects all the ward's patients.



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Post movie Club Discussion

The resource person highlighted the importance of psychological analysis post which there was a discussion in which all students participated and shared their views regarding movie. The discussion happened in two phases at intermission and at the end of the movie. The discussion involved regarding Randall McMurphy who exhibits a certain set of characteristics and tendencies that can be applied as symptoms of antisocial personality disorder. Contrastingly, the film completely omits to showcase Criterion C, “There are also evidences of conduct disorder with onset before age 15 years,” as no background information on McMurphy’s childhood experiences and behaviors are brought forth during the development of the plot hence, this is the only measure or criteria to which the film did not cater and left the audience in the midst about. Nonetheless, McMurphy’s character and his compliance with almost all of the plausible symptoms for antisocial personality disorder and lead the audience to make an educated guess on whether he has this disorder in actuality.

More so, the portrayal of this character and the way he exploits said disorder, or what he considers a “fake” illness, has a paramount impact on the perception of mental illness through the film and the stigma it can create around real-life individuals with antisocial personality disorder. With regards to stigma and society’s perception of mental disorders, this film is highly controversial and provides a somewhat double-edged sword. Firstly, because there is no distinct part of the plot where McMurphy’s diagnosis is clear and concrete, there is an ambiguity on whether he is sick or not. Said confusion can thus lead the audience to assume that he is “faking” his insanity and is just an overly aggressive and reckless man looking for a reprieve from jail by exploiting a made-up illness. Students also brought up point regarding how it also helped bring attention to some hospitals with unethical practices or unsafe living conditions. Both the book and the movie are insightful views into societal problems such as stereotypes about people who have mental disorders. Also he briefly discussed the prevention strategies that can be used. The students enjoyed it a lot and it ended with an insightful learning.



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d) Screenshots / Picture of Event:



Figure 4: This is a poster for *One Flew Over the Cuckoo's Nest*.



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Figure 5: Resource person Ms. Simmy Rohilla, Assistant Professor, FBSC and Professional Diploma in Clinical Psychology students are gathered together for the movie club.



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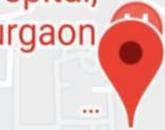
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Hospital,
urgaon



Google

Gurugram, Haryana, India

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Lat 28.47715°

Long 76.904203°

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GPS Map Camera

Figure 6: Students and Faculty members watching the movie.



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Figure 7: Resource person Ms. Simmy Rohilla, Assistant Professor, FBSC and PDCP students having post movie club discussion and psychological analysis.



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List of participants



Faculty of Behavioural Sciences Department of Clinical Psychology

Attendance of Orientation / Induction Program, Day 2 (Session-2021-2022)

Date: 21st September 2021

S.No	Faculties Name	Signature
2	Dr. Vikas Punia	
3	Ms. Chandani Pandey	
4	Ms. Simmy Rohilla	
5	Ms. Megha Sharma	
Professional Diploma in Clinical Psychology		
S.No	Students' Name	Signature
1	Swati Kharb	
2	Amita Chaudhary	
3	Rahul Sharma	
4	Anshika Mendiratta	
5	Anjali Menon	
6	Diksha Bansal	
7	Rimjhim Kohli	
8	Kripa Khanna	
9	Pankaj	
10	Amarjyot Singh	
11	Raga Surender Gupta	
12	Kushagra Bhalla	
13	Simran Luthra	
14	Roshni Sewani	
15	Sumit Kumar	
16	Geetanjali Arora	



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Day 3- 22/09/21, Wednesday

Brief Profile of Speakers:

Prof. (Dr.) Rajbir Singh, Professor and Dean, Faculty of Behavioral Sciences, SGT University. A total of 27 students have completed their PhD degrees under his supervision. He specializes in Biological Basis of Behavior and has been teaching for more than 35 years. He is the author of three books and has published more than 60 research articles in various referred journals.

Ms. Megha Sharma, Assistant Professor, FBSC at SGT University, Gurugram.

Report of the Event:

a. Introduction:

Day 3 of the orientation program for Professional Diploma in Clinical Psychology (Session 2021-2022) aimed at providing an overview about Professional Diploma In Clinical Psychology syllabus, dissertation and examination. The academic expectations and challenges faced by program were discussed in length. Also, a brief interaction between the Dean, Faculty of Behavioral Sciences and students took place following which campus visit was organized to familiarize students with the physical environment.

b. Objective of the Event:

- 1) Overview about Professional Diploma in Clinical Psychology Syllabus and Examination.
- 2) Discussion about Academic expectations, challenges faced by the program
- 3) Interaction with the Dean, Faculty of Behavioral Sciences and visit to the campus

c. Brief content of Interaction-

Day 3 of orientation program for Professional Diploma in Clinical Psychology (Session 2021-2022) was started with the welcome of new batch and lecture by Ms. Megha Sharma, Assistant Professor, FBSC on brief history of clinical psychology, role of clinical psychology in India, academic expectations, and various challenges faced by the



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trainees. The effective solutions to these challenges were also discussed. Followed by a brief introduction of MPhil Clinical Psychology syllabus. Following light refreshment, information regarding submissions and examination was also provided by Mphil 2nd year and student's doubts regarding the same were also answered. The session was really insightful for the new trainees.

After this activity, Prof. (Dr.) Rajbir Singh, Dean FBSC interacted with the students and oriented them with the department and it's working. He discussed the future scope of clinical psychology, various challenges faced by Psychology Department in general and also explained various strategies to overcome those challenges. He also shared his own experiences in the field. The students were highly motivated after the talk. They were then taken to visit the University campus and got acquainted with all the departments and their respective places. Day 3 of orientation ended with a vote of thanks by Dr. Vikas Punia, Assistant Professor, FSBC SGT University.



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b) Screenshots of Webinar/ Picture of Event:



Figure 8: Ms. Megha Sharma, Assistant Professor, FBSC discussing the academic challenges and expectations.



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Figure 9: Prof. (Dr.) Rajbir Singh, Dean, FBSC discussing the prospects of research in the area of psychology with the students



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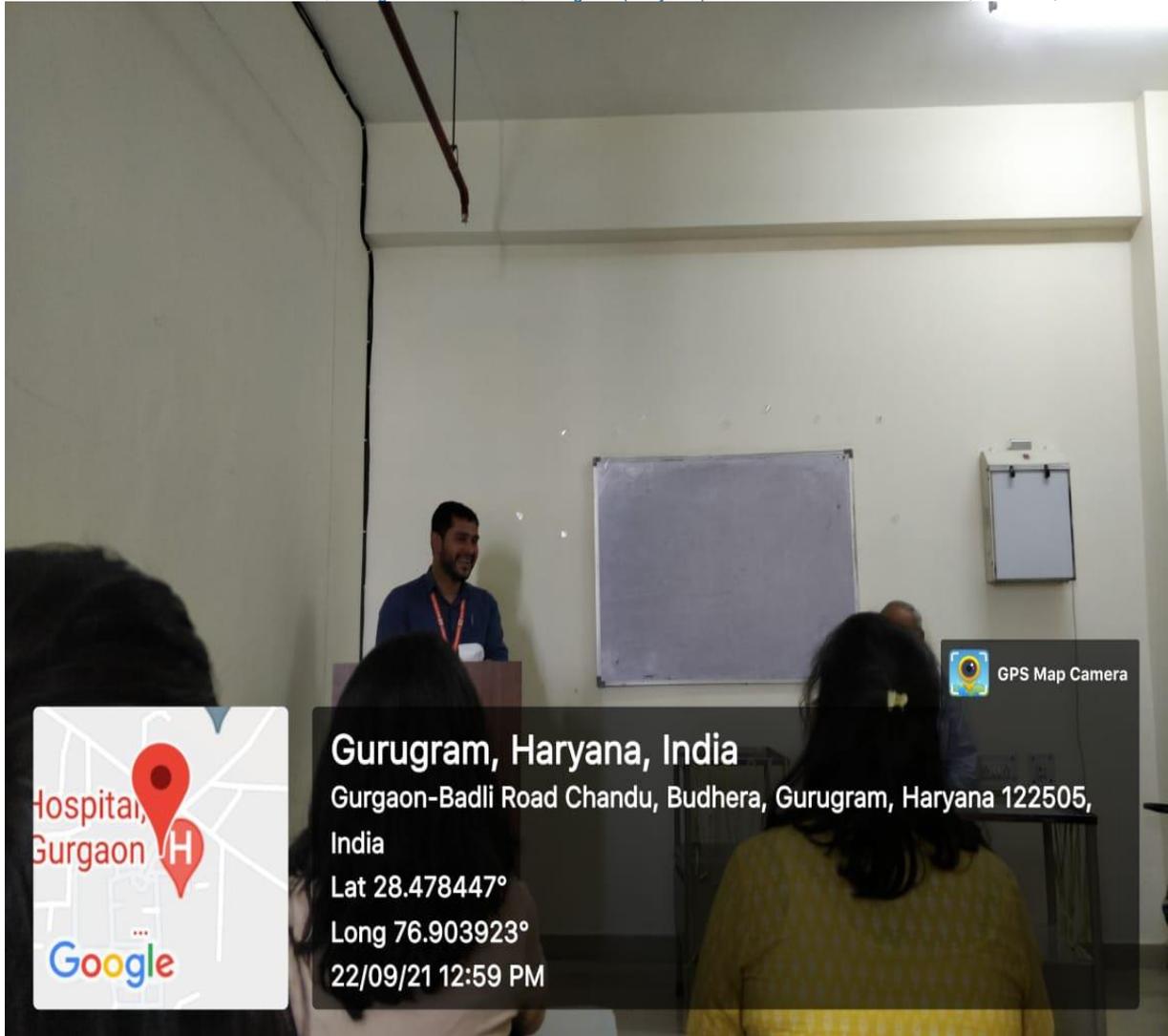


Figure 10: Vote of Thanks by Dr. Vikas Punia, Assistant Professor, FBSC.



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DEPARTMENT OF CLINICAL PSYCHOLOGY
FACULTY OF BEHAVIOURAL SCIENCE

is organising an

ORIENTATION PROGRAM FOR PROFESSIONAL DIPLOMA IN CLINICAL PSYCHOLOGY

(SESSION -2021-2022)



20th to 22nd September, 2021



10:00 am to
01:00 pm

Venue: Room No-207, SGT Medical College Hospital and Research Institute

Organizers



Prof. (Dr.) Rajbir Singh
*Dean, Faculty of Behavioural Sciences
SGT University*



Dr. Vikas Punia
*Assistant Professor
Department of Clinical Psychology
SGT University*

Figure 11: Banner of the event.



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List of participants



Faculty of Behavioural Sciences
Department of Clinical Psychology

Attendance of Orientation / Induction Program, Day 3
(Session-2021-2022)

Date: 22nd September 2021

S.No	Faculties Name	Signature
1	Prof (Dr). Rajbir Singh, Dean FBSC	
2	Dr. Vikas Punia	
3	Ms. Chandani Pandey	<i>Chandani</i>
4	Ms. Simmy Rohilla	<i>Simmy</i>
5	Ms. Megha Sharma	
Professional Diploma in Clinical Psychology		
S.No	Students' Name	Signature
1	Swati Kharb	<i>Swati</i>
2	Amita Chaudhary	<i>Amita</i>
3	Rahul Sharma	<i>Rahul</i>
4	Anshika Mendiratta	<i>Anshika</i>
5	Anjali Menon	<i>Anjali</i>
6	Diksha Bansal	<i>Diksha</i>
7	Rimjhim Kohli	<i>Rimjhim</i>
8	Kripa Khanna	<i>Kripa</i>
9	Pankaj	
10	Amarjyot Singh	<i>Amarjyot</i>
11	Raga Surender Gupta	<i>Raga</i>
12	Kushagra Bhalla	<i>Kushagra</i>
13	Simran Luthra	<i>Simran</i>
14	Roshni Sewani	<i>Roshni</i>
15	Sumit Kumar	<i>Sumit</i>
16	Geetanjali Arora	<i>Geetanjali</i>