



**SGT UNIVERSITY**

**SHREE GURU GOBIND SINGH TRICENTENARY UNIVERSITY**  
**(UGC Approved)**

**Gurugram, Delhi-NCR**

Budhera, Gurugram-Badli Road, Gurugram (Haryana) – 122505 Ph. : 0124-2278183, 2278184, 2278185

# **Faculty of Behavioural Sciences**

# **Program Outcomes (POs)**



## LEARNING OBJECTIVES, PROGRAM OUTCOMES & PROGRAM SPECIFIC OUTCOMES

### 1. B.Sc. Clinical Psychology

#### **Learning Objectives:**

1. A thorough exposure and understanding of concepts and constructs of human behavior.
2. A deep understanding of pathologies of behavior across the life span and in various areas of life, such as clinical, educational, social and work.
3. To inculcate the competencies of screening, assessing and interpreting the behavior of people to classify and categorize psycho-social problems.
4. To have an idea of epidemiological aspects of mental health and related issues in India.
5. To get an exposure to the mental health profession, its ethical and practical issues through internships & supervised training.

#### **Program Outcomes:**

**PO1:** Have a fundamental knowledge of human behavior and deviancy.

**PO2:** Understanding the various perspectives to explain behavior.

**PO3:** Developing a perspective towards this own understanding of normal and abnormal behavior.

**PO4:** Capability of diagnostic assessment and psychological testing.

**PO5:** Have an idea of prognosis of various psychological disorder interventions and guiding the choice of therapy.

**PO6:** Become familiar with diverse professional opportunities available within mental health services.

**PO7:** Acquires a sense of persistence and continual effort, empathy and responsibility toward sufferers.



## **2. B.A. (Hons.) Psychology**

### **Learning Objectives:**

1. The students will be able to relate to the variety in human behavior and to appreciate different domains of behavior, such as, cognitive social, personality, health etc.
2. To acquire the competence to observe and measure behavior with the help of standardized tools.
3. The development of a psychological sense to interpret the behavior of self and others.
4. To be able to explain behavior on the bases of variables such as age, gender, personality and attitudes
5. To develop a service orientation and a professional attitude.
6. To acquire an aptitude for further higher studies and research.

### **Program Outcomes:**

- PO1:** Understand the fundamentals of human behavior.
- PO2:** Know self and others in a professional and better way.
- PO3:** Measure and assess human behavior in an objective manner.
- PO4:** Interpret the behavior of human being in a variety of contexts.
- PO5:** Predict possible consequence of behavior prepare the individuals for it.
- PO6:** Differentiate the observed from the normative/expected behavior.
- PO7:** Facilitate others to achieve their individual goals in life.

## **3. M.Sc. Clinical Psychology**

### **Learning Objectives:**

1. The program attempts to turn the students of psychology into a sensitive professional/ service provider.
2. To make students competent and skill full in psychological testing.
3. To master them all the current classification systems of mental diseases.
4. To know and make adaptations in the clinical settings, such as hospitals and rehabilitation centers.



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5. To prepare students for a specialized professional training.
6. To inculcate sense and sensitivity for the mental health patients to mitigate their sufferings.

## **Program Outcomes:**

**PO1:**A master's in clinical psychology candidate has acquired sufficient relevant knowledge of behavior for the understanding of behavioral disorders and pathologic.

**PO2:**The students on complete shall have a fair knowledge and skills of applying psycho diagnostics.

**PO3:**They had on exposition and practical opportunities to try therapeutic interventions on selected patients.

**PO4:**They are psychologically prepared to join and compete for a professional training program in future.

**PO5:**They have a fair knowledge of pure psychology and applied psychology courses to take on high studies and research.



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# **Program Specific Outcomes(PSOs)**



## **1. B.Sc. Clinical Psychology**

### **Program Specific Outcomes:**

The three year program in Clinical Psychology has been designed in such a way that students acquire the curriculum through different modes of transaction in the class, laboratory, field, clinics, hospitals and rural community

**PSO1:** To study normal human development through the lifespan as well as the entire range of abnormal behavior.

**PSO2:** Acquisition of practical knowledge of the theoretical concepts of human behavior through experiments.

**PSO3:** Familiarity with contemporary.

**PSO4:** To acquire research Mindedness through research projects in semester 5 and 6.

**PSO5:** To obtain industry exposure and internship training under professionals working in various mental health setting.

## **2. B.A. (Hons.) Psychology**

### **Program Specific Outcomes:**

**PSO1:** To able to describe and explain human behavior through deep understanding of its theories and approaches;

**PSO2:** To relate one's behavior to its socio-cultural context.

**PSO3:** To recognize major events in the historical development of Psychology.

**PSO4:** To operationalize the concepts of behavior in the lab and real life situations:

**PSO5:** To develop and acquire skills of psychological assessment,

**PSO6:** To be able to progress on the path of higher studies, psychological services and research.



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### 3. M.Sc. Clinical Psychology

#### **Program Specific Outcomes:**

**PSO1:** On completion, the Master's in Clinical Psychology at SGT University, the candidate would have developed analytical and interpretive skills to explain the behavior in normal and abnormal domain.

**PSO2:** With extensive field community and hospital settings, the program would make the candidate competent to deal with patients and other needy people.

**PSO3:** Through supervised training the candidate would have acquired professional skills to go for ethical and responsible practice.

**PSO4:** The program would have turned them an empathetic individual workings to enhance the happiness and well-being.



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# Course Outcomes (COs)



## COURSE OUTCOMES

### **B.Sc. CLINICAL PSYCHOLOGY**

#### **SEMESTER - 1**

<b>NAME OF THE COURSE</b>	<b>COURSE CODE</b>	<b>COURSE OUTCOME</b>
CO1: Foundations of Human Behavior	<b>12020105</b>	It is a beginner's course to introduce the basic aspects of Psychology. The students shall be exposed to different types of behavior with an understanding of the unique nature of the subject. At the end the students shall have an understanding of various approaches to explain behavior. The Students shall feel better (being) acquiring some competence in knowing the self and other's behavior. The course curriculum shall cover the main methods of studying behavior. The concepts of perception, motivation and emotions shall be covered, which will help them to know why do they and other people behave they do.
<b>CO2: Practicum:</b> Foundations of Human Behavior	<b>12020110</b>	The students will be able to understand basic processes in Psychology such as attention, sensory adaptation, and level of aspiration, reaction time and illusion through simple experiments and use of psychological equipment.
CO3: Experiments in Psychology	<b>12020106</b>	The course has been designed with an objective to expose the students with the methodology of experimentation in general and its specific application in the field of human behavior. They



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		<p>understand through the course how to perfectly design and conduct the experiment on human subjects with the possible controls. Interesting and large size experiments which have been landmark and yielded significant theories and hypotheses have been included with full details. On completion of the course the students shall acquire the skills to plan and conduct the experiments, collect and analyze the data so as to develop and interpretative framework.</p>
<p><b>CO4: Practicum:</b> Experiments in Psychology</p>	<p><b>12020112</b></p>	<p>The student is exposed to a range of experiments in general and social psychology such as verification of Weber’s law, verbal conditioning, conformity etc. and be able to design and carry out experiments.</p>
<p>CO5: Child Psychology</p>	<p><b>12020107</b></p>	<p>The students shall be exposed to the basic concept of development with life span approach. The course has been designed to focus on the childhood Stage of development.</p> <p>The Physical emotional and cognitive competence of the children from infancy to late childhood shall be understood. It shall provide the students to make a perspective of self being a child and using early childhood memories to explain behavior of children. The students will develop empathy and an attitude to serve the children for normative development. They will mark the challenges and issues in child development.</p>
<p>CO6: Schools of</p>	<p><b>12020108</b></p>	<p>The student will gain knowledge and information</p>



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Psychology		about the different theoretical perspectives and schools of thought in Psychology and also gain a perspective of the lineage of the subject as it stands today.
<b>CO7: Practicum:</b> Schools of Psychology	<b>12020111</b>	The student shall be exposed to different practical activities from the different schools Psychology.
CO8: General English: Essentials of Communication	<b>12020109</b>	The student shall be equipped with basic English reading, conversing and listening skills through practical exercises, role plays and exposure to audio-visual materials.
<b>B.Sc. CLINICAL PSYCHOLOGY</b> <b>SEMESTER –2</b>		
CO9: Cognitive Psychology	<b>12020201</b>	The course is designed to make the students familiar with the basic cognitive processes which regulate information processing between environment and the individuals. It focuses on different level of information processing starting with perception, through learning memory and higher order thinking. The methodology to investigate the cognitive processes to conduct experiments tapping the internal cognition and finding relevance in real life. The students will be able to understand their own knowledge acquiring process as well that of other. Upon completing the course they will be able to appreciate the problems as well as solution of Human cognition. It shall prepared the student for the futuristic development in the area of



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		Neuro-cognition and artificial intelligence.
<b>CO10: Practicum:</b> Cognitive Psychology	<b>1202012</b>	The student will be able to experience basic concepts in Cognitive Psychology such as concept learning, forgetting curve, short term memory, reaction time, measuring creativity and problem-solving through simple tasks and practical activities.
CO11: Psychological Testing	<b>12020208</b>	It is a basic course which exposes the students to the most frequently use tool in the hands of a psychologists. Through this they will understand in what way various facets if behavior can be assessed. They will come to know wide variety of psychological test available and learn how to select an appropriate test for different kind of subjects in varied situation. The students will acquire the skill to access the relevant tools prepared on the bases of sound psychometric theory.
<b>CO12: Practicum:</b> Psychological Testing	<b>12020213</b>	The student shall be able to administer, score and interpret some of the classical tests related to personality, vocational and educational assessment in the field. They will also acquire skills of rapport formation, report writing and communication of findings.
CO13: Adolescent Psychology	<b>12020209</b>	The students will acquire the knowledge of normative and deviant development during the adolescent stage. They will obtain in depth information related to physical, social, emotional, moral and personality development in this sensitive stage of life. They will also get to know



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		basics of deviant and delinquent behaviours during the teenage years.
CO14: Physiological Psychology	<b>12020207</b>	The student will learn about the biological and bio-chemical basis of behavior, the structure and function of neurons and the nervous system.
<b>CO15: Practicum:</b> Physiological Psychology	<b>12020211</b>	The students will be able to conduct some practical tasks related to biological basis of behavior such as effect of caffeine on sensory system, EEG and visit to a dissection room.
CO16: General English: Communication Skills	<b>12020210</b>	The student will continue with their exposure to the English language and move ahead with upgrading their pronunciation and writing comprehension skills through various skill based activities.
<b>B. Sc. CLINICAL PSYCHOLOGY</b> <b>SEMESTER –3</b>		
CO17: Social Psychology	<b>12020203</b>	This course will equip students with an understanding and awareness of the basic concepts in social psychology and the dynamics that are at play when people are part of a group. In addition, they will become aware of group processes, leadership styles and concepts of conformity and cohesiveness.
<b>CO18: Practicum:</b> Social Psychology	<b>12020204</b>	Students will obtain a practical exposure to the concepts learned in the theoretical paper by assessing various group processes in real life and evaluating concepts such as prejudice, discrimination and stereotypes as well as family



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		environments and learn practical techniques such as sociometry.
CO19: Abnormal Psychology	<b>12020308</b>	At the end of the course student will gain knowledge of pathology in mental health and skills to recognize these deviations. They will be able to identify the class of abnormal behavior and learn about assessment and mental health interventions at a basic level.
<b>CO20: Practicum:</b> Abnormal Psychology	<b>12020313</b>	Students will obtain an exposure to mental illness cases in real world setting and also understand use of self-report measures and case studies to report findings.
CO21: Basics of Personality	<b>12020301</b>	At the end of the course students will obtain knowledge about human personality and its development as well as various theoretical perspectives and ideas of personality given by classic theorists. They will also obtain an understanding of normative as well as deviant cases of personality as well as their etiology.
<b>CO22: Practicum:</b> Basics of Personality	<b>12020314</b>	The students will be able to develop rapport and administer, score and interpret some of the major paper pencil Personality Inventories as well as projective techniques.
CO23: Inter-group Relations	<b>12020312</b>	The students will obtain a basic but robust knowledge about group dynamics, group processes as well as group management.
CO24: Environmental Sciences	<b>12020316</b>	The course equips students with a basic level understanding and exposure to ecological concepts, environmental concerns and issues, as well as the interface between psychology and



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		environment. They will also learn about the effects of environmental degradation and conservations on local populations as well as future generations.
CO25: Field Training- Community Setting	<b>12020305</b>	This is an introductory course in the field training which exposes students to the practical learning in the field of community mental health. At the end of the course the students will be able to observe, assess and report various mental health problems in the community.
<b>B.Sc. CLINICAL PSYCHOLOGY SEMESTER –4</b>		
CO26: Measurement in Psychology	<b>12020408</b>	The student will be able to understand and appreciate basic concepts in the field of measurement and psychological testing. They will gain knowledge of the highly valuable and critical field of test development through concepts such as item writing and analysis, reliability, validity and development of norms.
<b>CO27: Practicum:</b> Measurement in Psychology	<b>12020410</b>	The student will be able to perform practically some of the concepts learned in the theory part of the paper. Through this practical activity the student will gain a better and more robust understanding of measurement and test development in Psychology.
CO28: Research Methods	<b>12020402</b>	At the end of this course, students will be able to understand the basic research designs and processes. They will be able to do review of literature, formulate research questions, and



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		generate hypotheses. Student will be equipped to design research proposal and conduct researches.
<b>CO29: Practicum:</b> Research Methods	<b>12020411</b>	The student will be able to plan and carry out some basic research through the use of psychological research methods such as survey, experimentation, interview, etc and also be able to develop skills of scientific report writing and documentation.
CO30: Statistics in Psychology	<b>12020403</b>	The course is designed to understand the meaning of data and organizing small to large form of data on the principles of Statistics. They will be exposed to describing data in terms of central tendencies, variability, Graphics and Positional indicators. The students shall learn to verify hypotheses and to draw inferences from sample to population parameters. The course intends to engage them with the theory of normal distribution and its application in Psychology and socio- educational contest. The students shall develop the skills to analyze data by using techniques of Parametric and non- parametric Statistics. It shall expose them to develop higher order thinking.
<b>CO31: Practicum:</b> Statistics in Psychology	<b>12020412</b>	The student will learn the skills of representing raw data by using descriptive statistics. The student will also get exposure to using the widely used statistical software – SPSS. They will learn data entry and basic inferential statistic procedures on the software
CO32: Organizational	<b>12020409</b>	Analyse individual and group behaviour, and



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Behaviour		understand the implications of organizational behaviour on the process of management. Evaluate the appropriateness of various leadership styles and conflict management strategies used in organizations. Describe and assess the basic design elements of organizational structure and evaluate their impact on employees. Explain how organizational change and culture affect working relationships within organizations
CO33: Gender Studies	<b>12020407</b>	The student will be able to differentiate between concepts such as gender, sex, gender role, etc and appreciate the various perspectives – evolutionary, social, political – related to gender in the global and Indian context. They will also be able to understand critically the current issues related to gender and gender discrimination.
CO34: Field Training- Clinical Setting	<b>12020405</b>	The student will be able to observe cases of psychopathology in real-life settings and be able to assess and conceptualise mental health problems in a professional manner. They will also observe mental health interventions being carried out in institutional setting and report the same through case studies and vignettes.
<b>B.Sc. CLINICAL PSYCHOLOGY SEMESTER –5</b>		
CO35: Neuropsychology	<b>12020508</b>	It is an advanced core-course which super specializes the students of clinical psychology. It mainly focuses upon the organic bases of



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		behavioral problems. They are, then better differentially diagnosing a behavioral disorder having biogenic or psychogenic etiology. It makes their clinical sense more inclusive and equip them to make sound prognosis, with the fast surging of neurological complications in the present time, particularly the stroke, head injuries and brain tumors such professional fill the gap and work in synergy with neurologists and neurosurgeons.
<b>CO36: Practicum:</b> Neuropsychology	<b>12020511</b>	The students acquire the skills to provide psychological interventions to the patients for recovery of the function. The course also provide them understanding of the neuropsychological rehabilitation.
CO37: Psychotherapeutic Intervention-I	<b>12020507</b>	The student will be able to understand the nature and process of psychotherapy, the role of a psychotherapist. They will also learn about the basic theoretical foundations of psychodynamic and humanistic-existential
<b>CO38: Practicum:</b> Psychotherapeutic Intervention-I	<b>12020512</b>	The student will be able to connect to real-life applications of psychotherapeutic interventions through activities such as movie analysis, role play, and projective personality assessment.
CO39: Disability & Rehabilitation	<b>12020509</b>	At the end of the course the students will be able to understand the nature and concept of disability as well as the idea of rehabilitation. They will also be sensitized to various government schemes and acts related to disability.
<b>CO40: Practicum:</b>	<b>12020513</b>	The students will be able to conduct a basic



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Disability & Rehabilitation		screening of Learning disability, adaptive functioning and developmental milestones.
CO41: Community Psychology	<b>12020510</b>	The students will be able to understand basic theoretical ideas and models of community psychology as well as core values and interventions in the field. The student will also gain an overview of health promotion in the community.
<b>CO42: Practicum:</b> Community Psychology	<b>12020514</b>	The students will gain a real life exposure to some aspects and problems in community setting which they have studied in the theoretical paper.
CO43: Psychology of Aging	<b>12020506</b>	The students will be familiarized with the concept of ageing and successful ageing, impact of culture on ageing and theories of ageing. They will also learn about eh changes, challenges and concerns of old age.
<b>CO44: Practicum:</b> Psychology of Aging	<b>12020515</b>	The student will get an exposure to real-life challenges and concerns of old age by interaction with elderly for various practical activities/assessment and visit to an old age home.
<b>B.Sc. CLINICAL PSYCHOLOGY SEMESTER –6</b>		
CO45: Psychotherapeutic Intervention-II	<b>12020606</b>	Differentiate types of clinical intervention: psychotherapy, counselling and crisis intervention. Understand importance and issues of therapeutic relationship, the role of client and



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		<p>understanding the main ethical issues in psychotherapy. Understand importance of communication skills in psychotherapy and counselling. Characterize major approaches to psychotherapy based on therapy models.</p> <p>Describe basics of counseling tailored to specific settings: individual, family, couple and group counseling.</p>
<p><b>CO46: Practicum:</b> Psychotherapeutic Intervention-II</p>	<p><b>12020609</b></p>	<p>Differentiate types of clinical intervention: psychotherapy, counselling and crisis intervention. Understand importance and issues of therapeutic relationship, the role of client and Understanding the main ethical issues in psychotherapy. Understand importance of communication skills in psychotherapy and counselling. Characterize major approaches to psychotherapy based on therapy models. Describe basics of counseling tailored to specific settings: individual, family, couple and group counseling.</p>
<p>CO47: Guidance and Counseling</p>	<p><b>12020608</b></p>	<p>To enable students to differentiate between guidance and counselling and to analyse the importance of educational, career, social and moral guidance services in the learning situation</p> <p>To equip learners with skills and techniques of counselling.</p>
<p><b>CO48: Practicum:</b> Guidance and Counseling</p>	<p><b>12020610</b></p>	<p>The student will be able to use various inventories related to aptitude and interest as well as do role-plays related to guidance and counseling skills.</p>



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CO49: Integrated Psychological Interventions	<b>12020607</b>	Students will be able to define integrated psychological interventions and understand how integrated interventions can be utilised for maximizing psychological well-being.
<b>CO50: Practicum:</b> Integrated Psychological Interventions	<b>12020611</b>	Students will be able to perform various practical tasks related to counseling and psychotherapy skills.
CO51: Health Psychology/ Forensic Psychology	<b>12020602</b>	<p>Health psychology paper will help students to examine how biological, social and psychological factors influence the choices people make about their health. This field helps to understand the students how a patient's mental and emotional reaction to an illness affect the recovery of patient from an illness. Students can promote health and prevent illness in society as a health psychologist.</p> <p>The student will be able to understand the nature, scope and methods in Forensic Psychology and criminology. They will also get a basic idea of risk assessment, report writing, profiling as well as interventions and rehabilitation with offenders.</p>
CO52: Positive Psychology / Political Psychology	<b>12020601 / 12020616</b>	<p>The students will learn about the historical development of the field of positive Psychology as well as the basics of character strengths and virtues. They will also learn about the approaches and applications of positive psychology.</p> <p>The students will get to know about the nature and scope of political psychology. They will also learn about voting behavior, leadership and ethno-political conflict.</p>



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CO53: Positive Psychology / Political Psychology	<b>12020613/ 12020617</b>	Students will learn to administer, score and interpret some important psychological instruments and scales related to positive psychology variables such as resilience, optimism, self-efficacy and happiness.  In political psychology, they will study such variables as leadership, political interest and efficiency.
CO54: Project	<b>12020605</b>	The student will undertake a small scale research related to a topic of choice and be able to plan and execute the project independently under the supervision of a faculty supervisor.



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## B.A. (Hons.) PSYCHOLOGY

### SEMESTER - 1

NAME OF THE COURSE	COURSE CODE	COURSE OUTCOME
CO1: Foundations of Human Behavior	12060101	It is a beginner's course to introduce the basic aspects of Psychology. The students shall be exposed to different types of behavior with an understanding of the unique nature of the subject. At the end the students shall have an understanding of various approaches to explain behavior. The Students shall feel better (being) acquiring some competence in knowing the self and other's behavior. The course curriculum shall cover the main methods of studying behavior. The concepts of perception, motivation and emotions shall be covered, which will help them to know why do they and other people behave they do.
CO2: Practicum: Foundations of Human Behavior	12060106	The students will be able to understand basic processes in Psychology such as attention, sensory adaptation, level of aspiration, reaction time and illusion through simple experiments and use of psychological equipment.
CO3: Experiments in Psychology	12060102	The course has been designed with an objective to expose the students with the methodology of experimentation in general and its specific application in the field of human behavior. They understand through the course how to perfectly design and conduct the experiment on human subjects with the possible controls. Interesting



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		and large size experiments which have been landmark and yielded significant theories and hypotheses have been included with full details. On completion of the course the students shall acquire the skills to plan and conduct the experiments, collect and analyze the data so as to develop an interpretative framework.
<b>CO4: Practicum:</b> Experiments in Psychology	<b>12060107</b>	The student is exposed to a range of experiments in general and social psychology such as verification of Weber's law, verbal conditioning, conformity etc. and be able to design and carry out experiments.
CO5: Child Psychology	<b>12060104</b>	The students shall be exposed to the basic concept of development with a life span approach. The course has been designed to focus on the childhood stage of development.  The physical, emotional, and cognitive competence of the children from infancy to late childhood shall be understood. It shall provide the students with a perspective of self as a child and using early childhood memories to explain behavior of children. The students will develop empathy and an attitude to serve the children for normative development. They will mark the challenges and issues in child development.
CO6: Schools of Psychology	<b>12060103</b>	The student will gain knowledge and information about the different theoretical perspectives and schools of thought in Psychology and also gain a perspective of the lineage of the subject as it



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		stands today.
<b>CO7:</b> <b>Practicum:</b> Schools of Psychology	<b>12060108</b>	The student shall be exposed to different practical activities from the different schools Psychology.
CO8: General English: Essentials of Communication	<b>12060105</b>	The student shall be equipped with basic English reading, conversing and listening skills through practical exercises, role plays and exposure to audio-visual materials.
<b>B.A. (Hons.) PSYCHOLOGY</b>		
<b>SEMESTER –2</b>		
CO9: Cognitive Psychology	<b>12060202</b>	The course is designed to make the students familiar with the basic cognitive processes which regulate information processing between environment and the individuals. It focuses on different level of information processing starting with perception, through learning memory and higher order thinking. The methodology to investigate the cognitive processes to conduct experiments tapping the internal cognition and finding relevance in real life. The students will be able to understand their own knowledge acquiring process as well that of other. Upon completing the course they will be able to appreciate the problems as well as solution of Human cognition. It shall prepared the student for the futuristic development in the area of Neuro-cognition and artificial intelligence.
<b>CO10: Practicum:</b> Cognitive Psychology	<b>12060207</b>	The student will be able to experience basic concepts in Cognitive Psychology such as



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		concept learning, forgetting curve, short term memory, reaction time, measuring creativity and problem-solving through simple tasks and practical activities.
CO11: Psychological Testing	<b>12060203</b>	It is a basic course which exposes the students to the most frequently use tool in the hands of a psychologists. Through this they will understand in what way various facets if behavior can be assessed. They will come to know wide variety of psychological test available and learn how to select an appropriate test for different kind of subjects in varied situation. The students will acquire the skill to access the relevant tools prepared on the bases of sound psychometric theory.
<b>CO12: Practicum:</b> Psychological Testing	<b>12060208</b>	The student shall be able to administer, score and interpret some of the classical tests related to personality, vocational and educational assessment in the field. They will also acquire skills of rapport formation, report writing and communication of findings.
CO13: Adolescent Psychology	<b>12060204</b>	The students will acquire the knowledge of normative and deviant development during the adolescent stage. They will obtain in depth information related to physical, social, emotional, moral and personality development in this sensitive stage of life. They will also get to know basics of deviant and delinquent behaviours during the teenage years.
CO14: Physiological	<b>12060201</b>	The student will learn about the biological and



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Psychology		bio-chemical basis of behavior, the structure and function of neurons and the nervous system.
CO15: Practicum: Physiological Psychology	<b>12060206</b>	The students will be able to conduct some practical tasks related to biological basis of behavior such as effect of caffeine on sensory system, EEG and visit to a dissection room.
CO16: General English: Communication Skills	<b>12060205</b>	The student will continue with their exposure to the English language and move ahead with upgrading their pronunciation and writing comprehension skills through various skill based activities.
<b>B.A. (Hons.) PSYCHOLOGY</b> <b>SEMESTER –3</b>		
CO17: Social Psychology	<b>12060301</b>	This course will equip students with an understanding and awareness of the basic concepts in social psychology and the dynamics that are at play when people are part of a group. In addition, they will become aware of group processes, leadership styles and concepts of conformity and cohesiveness.
<b>CO18: Practicum:</b> Social Psychology	<b>12060307</b>	Students will obtain a practical exposure to the concepts learned in the theoretical paper by assessing various group processes in real life and evaluating concepts such as prejudice, discrimination and stereotypes as well as family environments and learn practical techniques such as sociometry.
CO19: Abnormal	<b>12060302</b>	At the end of the course student will gain



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Psychology		knowledge of pathology in mental health and skills to recognize these deviations. They will be able to identify the class of abnormal behavior and learn about assessment and mental health interventions at a basic level.
<b>CO20: Practicum:</b> <b>CO21: Abnormal Psychology</b>	<b>12060308</b>	Students will obtain an exposure to mental illness cases in real world setting and also understand use of self-report measures and case studies to report findings.
CO22: Basics of Personality	<b>12060303</b>	At the end of the course students will obtain knowledge about human personality and its development as well as various theoretical perspectives and ideas of personality given by classic theorists. They will also obtain an understanding of normative as well as deviant cases of personality as well as their etiology.
<b>CO23: Practicum:</b> Basics of Personality	<b>12060309</b>	The students will be able to develop rapport and administer, score and interpret some of the major paper pencil Personality Inventories as well as projective techniques.
CO24: Inter-group Relations	<b>12060304</b>	The students will obtain a basic but robust knowledge about group dynamics, group processes as well as group management.
CO25: Environmental Sciences	<b>12060305</b>	The course equips students with a basic level understanding and exposure to ecological concepts, environmental concerns and issues, as well as the interface between psychology and environment. They will also learn about the effects of environmental degradation and conservations on local populations as well as



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		future generations.
CO26: Field Training- Community Setting	<b>12060306</b>	This is an introductory course in the field training which exposes students to the practical learning in the field of community mental health. At the end of the course the students will be able to observe, assess and report various mental health problems in the community.
<b>B.A. (Hons.) PSYCHOLOGY SEMESTER –4</b>		
CO27: Measurement in Psychology	<b>12060401</b>	The student will be able to understand and appreciate basic concepts in the field of measurement and psychological testing. They will gain knowledge of the highly valuable and critical field of test development through concepts such as item writing and analysis, reliability, validity and development of norms.
<b>CO28: Practicum:</b> Measurement in Psychology	<b>12060407</b>	The student will be able to perform practically some of the concepts learned in the theory part of the paper. Through this practical activity the student will gain a better and more robust understanding of measurement and test development in Psychology.
CO29: Research Methods	<b>12060402</b>	At the end of this course, students will be able to understand the basic research designs and processes. They will be able to do review of literature, formulate research questions, and generate hypotheses. Student will be equipped to design research proposal and conduct researches.
<b>CO30: Practicum:</b>	<b>12060408</b>	The student will be able to plan and carry out



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Research Methods		some basic research through the use of psychological research methods such as survey, experimentation, interview, etc and also be able to develop skills of scientific report writing and documentation.
CO31: Statistics in Psychology	<b>12060403</b>	The course is designed to understand the meaning of data and organizing small to large form of data on the principles of Statistics. They will be exposed to describing data in terms of central tendencies, variability, Graphics and Positional indicators. The students shall learn to verify hypotheses and to draw inferences from sample to population parameters. The course intends to engage them with the theory of normal distribution and its application in Psychology and socio- educational contest. The students shall develop the skills to analyze data by using techniques of Parametric and non- parametric Statistics. It shall expose them to develop a higher order thinking.
<b>CO32: Practicum:</b> Statistics in Psychology	<b>12060409</b>	The student will learn the skills of representing raw data by using descriptive statistics. The student will also get exposure to using the widely used statistical software – SPSS. They will learn data entry and basic inferential statistic procedures on the software
CO33: Organizational Behaviour	<b>12060404</b>	Analyze individual and group behavior, and understand the implications of organizational behavior on the process of management. Evaluate the appropriateness of various leadership styles



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		and conflict management strategies used in organizations. Describe and assess the basic design elements of organizational structure and evaluate their impact on employees. Explain how organizational change and culture affect working relationships within organizations
CO34: Gender Studies	<b>12060405</b>	The student will be able to differentiate between concepts such as gender, sex, gender role, etc and appreciate the various perspectives – evolutionary, social, political – related to gender in the global and Indian context. They will also be able to understand critically the current issues related to gender and gender discrimination.
CO35: Field Training- Clinical Setting	<b>12060406</b>	The student will be able to observe cases of psychopathology in real-life settings and be able to assess and conceptualize mental health problems in a professional manner. They will also observe mental health interventions being carried out in institutional setting and report the same through case studies and vignettes.
<b>B.A. (Hons.) PSYCHOLOGY SEMESTER –5</b>		
CO36: Community Psychology	<b>12060502</b>	The students will be able to understand basic theoretical ideas and models of community psychology as well as core values and interventions in the field. The student will also gain an overview of health promotion in the community.



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<b>CO37: Practicum:</b> Community Psychology	<b>12060506</b>	The students will gain a real life exposure to some aspects and problems in community setting which they have studied in the theoretical paper.
CO38: Psychology of Aging	<b>12060503</b>	The students will be familiarized with the concept of ageing and successful ageing, impact of culture on ageing and theories of ageing. They will also learn about the changes, challenges and concerns of old age.
<b>CO39:</b> <b>Practicum:</b> CO40: Psychology of Aging	<b>12060507</b>	The student will get an exposure to real-life challenges and concerns of old age by interaction with elderly for various practical activities/assessment and visit to an old age home.
CO41: Positive Psychology	<b>12060501</b>	The students will obtain a basic but robust understanding of the development and importance of Positive Psychology and will gain familiarity of various concepts in the field.
CO42: Practicum	<b>12060505</b>	Students will learn to administer, score and interpret some important psychological instruments and scales related to positive psychology variables such as resilience, optimism, self-efficacy and happiness.
CO43: Integrated Psychological Interventions	<b>12060504</b>	Students will be able to define integrated psychological interventions and understand how integrated interventions can be utilised for maximizing psychological well-being.
<b>CO44: Practicum</b>	<b>12060508</b>	Students will be able to perform various practical tasks related to counseling and psychotherapy skills.



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B.A. (Hons.) PSYCHOLOGY SEMESTER –6		
CO45: Guidance and Counseling	<b>12060602</b>	To enable students to differentiate between guidance and counselling and to analyse the importance of educational, career, social and moral guidance services in the learning situation To equip learners with skills and techniques of counselling.
<b>CO46: Practicum:</b> Guidance and Counseling	<b>12060606</b>	The student will be able to use various inventories related to aptitude and interest as well as do role-plays related to guidance and counseling skills.
CO47: School Psychology/ Political Psychology	<b>12060603</b> <b>12060604</b>	Students will learn about the historical developments of the field. They will study about schools and their functioning as well as about giftedness and differently abled children. They will also be appraised about various other psychological issues related to schools and school children.
<b>CO48: Practicum:</b> School Psychology/ Political Psychology	<b>12060607/</b> <b>120606008</b>	The students will be able to conduct various practical tasks related to psychological issues related to schools and school children.
CO49: Project	<b>12060611</b>	The student will undertake a small scale research related to a topic of choice and be able to plan and execute the project independently under the supervision of a faculty supervisor.
CO50: Forensic Psychology(Theory+	<b>12060609/</b> <b>12060610</b>	The course is designed to understand the meaning of forensic psychology and to



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Practical)		understand the relationship between theories of psychology and the legal system. In general terms, it focuses on the conceptual understanding of concept of forensic psychology and role of psychologist in relation to legal frame work. The students can learn the ethical issues prevalent in forensic psychology and ways to deal with those issues. There is an opportunity for students to understand the relationship between psychology disorders and criminal profiling. With this course students will learn to write psychological assessment report in legal framework. Hence, it will make them resourceful to understand the psychological aspects of criminal behavior
CO51: Applied Social Psychology	<b>12060601</b>	The student will be able to understand the nature, scope, methods and interventions in the field of applied social psychology with a special focus on current social issues.
<b>CO52: Practicum</b>	<b>12060605</b>	The student will be able to conduct various practical activities related to social psychology constructs.



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## M.Sc. CLINICAL PSYCHOLOGY SEMESTER –1

CO1: History of Psychology	<b>12050105</b>	Understand the philosophical roots and historical events that have shaped the field of psychology. Explore the underlying philosophical assumptions, individual contributors, and various forces that served to shape the emerging field of psychology. Acquire understanding of the ways in which psychology's development has interacted with society, in terms of both how the culture and context affected psychology's development and how the field of psychology and its actors have shaped society. Acquire understanding of the major overarching themes and questions and their changes over time (e.g., free will vs. determinism; interactions between heredity, biological influences, and environment etc.). Describe the key major figures in the history of psychology and their major contributions. Describe major perspectives of psychology.
CO2: Cognitive Psychology	<b>12050106</b>	The course is designed for postgraduate students to develop basic understanding of cognitive psychology with emphasis on core topics like perception, attention, memory, language and thinking. The students can learn about cognitive processes and how they influence human behavior. With the course content students will be able to understand different approaches of



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		<p>problem solving and decision making.</p> <p>It will help them to apply concepts of cognitive psychology in their day to day life and facilitate critical thinking about cognitive processes of human behavior</p>
CO3: Research Designs & Methods	<b>12050107</b>	The students will be able to appreciate the basic concepts in psychological research, get an overview of quantitative research methods and be appraised of the basic issues in psychological research.
CO4: Biopsychology	<b>12050108</b>	By studying this branch of psychology students can better understand, how the human mind affects our behaviour and how physiology, genetics and biology affect emotional responses, memory, mental illness, states of consciousness and sensory perception. Typically, this field of study falls under the umbrella of developmental psychology and here students take a biological approach to understanding thoughts and behaviors.
CO5: Human Values and Professional Ethics	<b>12050112</b>	The students will be able to spell out the philosophical basis of ethics, learn the different types of ethics, ethical theories, bioethics and environmental ethics as well as be able to critically evaluate various issues in professional ethics.
<p><b>M.Sc. CLINICAL PSYCHOLOGY</b> <b>SEMESTER –2</b></p>		
CO6: Theories of	<b>12050203</b>	Theories of personality is an introductory course



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Personality		that discuss about major theoretical and scientific explanation of human behavior and their characteristic patterns. Students learn about various classification theories of human personality and ways to assess personality. They will be able to objectively assess personality using standardized measures.
CO7: Statistical Techniques in Psychology	<b>12050206</b>	The students shall learn to verify hypotheses and to draw inferences from sample to population parameters. The course intends to engage them with the theory of normal distribution and its application in Psychology and socio- educational contest. The students shall develop the skills to analyze data by using techniques of Parameter and non- parametric Statistics.
CO8: Psychology of Abnormal Behavior	<b>12050207</b>	Course teaches about theatrical perspectives of normal and abnormal behavior. They gain in depth knowledge about major classification system's of abnormal behavior. They learn about specific features, diagnostic guidelines, treatment options and therapeutic understanding of various psychological disorders
CO9: Case Study Report	<b>12050213</b>	The student will be able to conduct and write case history and mental status examination in the proper format.
CO10: Life Span Development/ Psychology of Old Age	<b>12050205 / 12050212</b>	The student will learn about development and growth as well as the various theoretical perspectives of development all through the lifespan from conception to death.  The students will learn about the psychological



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		issues of elderly as well as the psychological theories related to old age, death and dying.
<b>M.Sc. CLINICAL PSYCHOLOGY</b> <b>SEMESTER –3 (Clinical)</b>		
CO11: Introduction to Clinical Psychology	<b>12050306</b>	<p>The course introduction to clinical psychology is especially designed for postgraduate students to heighten their conceptual understanding of nature of clinical psychology, meaning and code of conduct and ethical guidelines for clinical psychologist in India. With the course content, the students shall learn about different theoretical models of mental disorders used in clinical psychology viz. psychodynamic, cognitive, humanistic and biological and that will help them to conceptual different psychological disorders from bio-psychosocial perspective.</p> <p>The students shall learn basics of psychological assessment with especially emphasis on projective and behavioral assessment. With this course the students shall learn about different interventions models of psychological disorders</p>
CO12: Psycho-Diagnostics	<b>12050307</b>	The student will be able to observe, assess and report subjects on various standardized assessment tools in the fields of clinical and neuro-psychology
CO13: Psychotherapy-I	<b>12050311</b>	Differentiate types of clinical intervention: psychotherapy, counselling and crisis intervention. Understand importance and issues of therapeutic relationship, the role of client and



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		<p>helper. Understand main ethical issues in psychotherapy. Understand importance of communication skills in psychotherapy and counselling. Understand focus on cognition, emotion, action and past in psychotherapy and counselling. Characterize major approaches to psychotherapy based on therapy models. Describe basics of counseling tailored to specific settings: individual, family, couple and group counselling</p>
CO14: Case Study Report (Clinical)	<b>12050318</b>	<p>The student will be able to conduct and write case history and mental status examination in the proper format. They will also be able to formulate cases and design appropriate intervention strategies for them.</p>
CO15: Field Training (Clinical)	<b>12050308</b>	<p>Students shall acquire training in clinical settings, such as hospital, schools for mentally challenged, drug de-addiction centers, rehabilitation centers etc.</p>
CO16: Summer Training	<b>12050315</b>	<p>The student will be placed in a clinical setting or NGO for observation of cases, learning the functioning of organization as well as assessment and case conceptualization.</p>
CO17: Neuropsychology/ Forensic Psychology	<b>12050313 / 12050316</b>	<p>It is an advanced core-course which super specializes the students of clinical psychology. It mainly focuses upon the organic bases of behavioral problems. They are, then better differentially diagnosing a behavioral disorder having biogenic or psychogenic etiology. It makes their clinical sense more inclusive and</p>



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		<p>equip them to make sound prognosis, with the fast surging of neurological complications in the present time, particularly the stroke, head injuries and brain tumors such professional fill the gap and work in synergy with neurologists and neurosurgeons. The students acquire the skills to provide psychological interventions to the patients for recovery of the function. The course also provide them understanding of the neuropsychological rehabilitation.</p>
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**MSc. CLINICAL PSYCHOLOGY  
SEMESTER –3 (Counseling)**

CO18: Assessment in Counseling-I	<b>12050310</b>	The student will learn basic concepts in psychological assessments and gain familiarity with assessment of cognitive abilities, interest and personality.
CO19: Approaches to Counseling	<b>12050312</b>	The student will get an exposure to the concepts of psychodynamic, cognitive-behavioral and humanistic schools of counseling and learn counseling techniques derived from them.
CO20: Counseling Process / Counseling Process (Viva)	<b>12050314</b> <b>12050322</b>	The student will learn about the stages of counseling and the processes and techniques involved in each of the stages.
CO21: Case Studies Report	<b>12050321</b>	The student will be able to conduct and write case history in the proper format. They will also be able to formulate cases and design appropriate



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		intervention strategies for them.
CO22: Field Training	<b>12050304</b>	Students shall acquire training in counseling settings, such as NGOs, schools for mentally challenged, organizations, rehabilitation centers etc.
CO23: Summer Training	<b>12050315</b>	The student will be placed in a clinical setting or NGO for observation of cases, learning the functioning of organization as well as assessment and case conceptualization.
CO24: Guidance & Counseling/ Counseling in Organization	<b>12050319/ 12050320</b>	The student will gain familiarity with the concepts of guidance and counseling as well as learn how to be an effective counselor.  The student will learn about the nature and scope of organizational psychology and also gain knowledge of interpersonal communication and interventions in organizational psychology.
<b>MSc. CLINICAL PSYCHOLOGY SEMESTER –4 (Clinical)</b>		
CO25: Psychotherapy-II	<b>12050406</b>	Course provides in-depth learning about specific therapies such as group therapy, family therapy, client centered therapy and various other therapies for psychological disorders. Students will be able to learn and practice different therapeutic techniques
CO26: Clinical Health Psychology	<b>12050414</b>	The student will learn about the nature and scope of the field, the mind-body connection, the role of a clinical health psychologist as well as the major approaches and interventions in the field.
CO27: Brief Case	<b>12050415</b>	Students will submit 5 case studies related to



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Studies		lifestyle diseases/ life threatening disease/ chronic disease (HIV, AIDS, Hypertension, Obesity, Diabetes, CAD, Cancer etc) in appropriate Clinical format.
CO28: Psychotherapy Portfolio	<b>12050416</b>	This course is meant to be a creative Link to Skills Training, Case studies and Internship in the second year of M.Sc. where students are supposed to consolidate their learning through creative activities such as writing an article, collage making, and movie analysis.
CO29: Project (Clinical)	<b>12050408</b>	The student is expected to plan and execute a small scale research on a topic of choice and submit a dissertation on UGC guidelines and APA style of formatting of references.
CO30: Skill Training in Psychotherapy	<b>12050418</b>	The objective of this course is to train students in basic psychotherapeutic skills related to assessment, goal setting, intervention and termination / follow-up of simple cases of depression/anxiety/anger/addiction using demonstration, role-play and use of ICT. The outcome will be a detailed case report and learning log signed by the teacher-in-charge.
CO31: Personality Disorders	<b>12050410</b>	The student will learn about the nature and classification of personality disorders as well as the role of culture in their development and maintenance. They will be sensitized to the clinical features, etiology, treatment, prognosis and prevalence of cluster A, B and C disorders.
CO32: Child and Adolescent	<b>12050417</b>	The student will be sensitized to normal childhood development as well as the



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Psychopathology		psychopathology and neuro-developmental disorders of infancy and childhood.
CO33: Childhood Disorders	<b>12050409</b>	Students will learn about the psychological and neuro-developmental disorders of infancy, childhood and adolescence. They will also learn about the basic diagnosis, classification and treatment of these disorders.
CO34: Psychological intervention	<b>12050412</b>	The course psychological intervention is especially planned for postgraduate students to integrate different psychological approaches for the management of various psychiatric disorders. The course aims to facilitate positive psychological interventions, self-regulation skills and life skills among students of clinical psychology. The course is designed in such a way that it shall help them to adopt eclectic approach as psychological intervention. The students also learn about other evidence based psychological interventions like music therapy, computer assisted psychotherapy and mobile based interventions for the management of different psychological problems
<b>M.Sc. CLINICAL PSYCHOLOGY SEMESTER –4 (Counseling)</b>		
CO35: Areas of Counseling-II (Theory)	<b>12050403</b>	Students will learn the basics as well as the concepts of counseling in various areas such as personal, social, spiritual. Vocational and work settings.
CO36: Approaches to	<b>12050402</b>	Students will learn about the basic concepts of



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Counseling-II		counseling as well as different approaches to counseling mainly those based on integrative and positive psychology
CO37: Brief Case Studies	<b>12050419</b>	Students are required to submit 5 case studies related to lifestyle diseases/ life threatening disease/ chronic disease (HIV, AIDS, Hypertension, Obesity, Diabetes, CAD, Cancer etc) in appropriate prescribed format.
CO38: Counseling Portfolio	<b>12050423</b>	This course is meant to be a creative Link to Skills Training, Case studies and Internship in the second year of M.Sc. where students are supposed to consolidate their learning through creative activities such as writing an article, collage making, and movie analysis.
CO39: Project (Counseling)	<b>12050404</b>	The student is expected to plan and execute a small scale research on a topic of choice and submit a dissertation on UGC guidelines and APA style of formatting of references.
CO40: Skill Training in Counseling	<b>12050421</b>	The objective of this paper is to develop practical skills in the students so as to be able to carry out counseling interventions with simple cases. On completing this course, the student will be able to assess, develop a case conceptualization and plan a counseling intervention on a client with a psychological problem. The outcome will be a reflective journal of self-as-counselor as well as a case report, which will be submitted / presented for evaluation.
CO41: Guidance and Counseling in	<b>12050411</b> <b>12050422</b>	The student will learn about role of a school counselor and the models and approaches of



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<p>Educational Setting/ Sports Psychology</p>		<p>school counseling. Students will also be familiarized with counseling of children in middle and high school as well as educational and vocational guidance.</p> <p>Students will learn about the nature and scope of sports psychology and the main psychological concepts related to sports. They will learn about current trends and future directions in this field.</p>
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## M.PHIL (Clinical Psychology) Year 1

<p>CO1: Psychosocial Foundations of Behavior and Psychopathology</p>	<p><b>12090101</b></p>	<p>The psychosocial perspectives attempt to understand human cognition, motives, perceptions and behavior as well as their abnormalities as product of an interaction amongst societal, cultural, familial and religious factors. The overall aim is to introduce conceptualizations of mental health problems within the psychosocial framework, giving due considerations to contextual issues. The course content pays attention to the different types of causal factors considered most influential in shaping both vulnerability to psychopathology and the form that pathology may take.</p> <p>The students shall learn about theoretical application of the psychosocial model to various disorders. The students will empower to apply and integrate alternative or complementary theoretical frameworks, for example, biological and/or religious perspectives, sociocultural and</p>
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		cognitive beliefsetc. in overall management of mental health problems.
CO2: Statistics and Research Methodology	<b>12090102</b>	<p>The aim of this paper is to clarify various issues involved in conduct of a sound experiment/survey. The students shall learn tutorial work, which will involve exposure to the features available in a large statistical package (SPSS) while at the same time reinforcing the concepts discussed in lectures.</p> <p>With the course content, students will be able to understand experimental design issues and can incorporate these designs in their research projects. The students also learn about advanced statistics and research methods like multivariate analysis, regression and factor analysis. Hence, they can design their research work in an experimental manner and contribute in the development of society.</p>
CO3: Psychiatry	<b>12090103</b>	<p>It is a professional course with the aim to train the students to conceptualize psychopathology from different etiological perspectives, eliciting phenomenology and arrive at the clinical diagnosis following a classificatory system. The students shall able to carry out the clinical work up independently of clients presenting with the range of mental health problems.</p> <p>The students will also equipped with the knowledge of the medico-legal and ethical issues in patients requiring chronic care and institutionalization. With the course content, they</p>



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		can assess the caregivers' burden, disability and dysfunctions that are often associated with mental disorders. Students will also gain knowledge of various pharmacological agents that are used to treat common mental disorders
CO4: Submission of five cases of full-length Psycho-diagnostic Report	<b>12090105</b>	Psycho diagnostic assessment is the course to introduce various assessment used in clinical psychology. Students learn to administer, interpret standardized assessment along with report writing. Various psychological assessment would aid students in diagnostic process and gain further insight about their patient. Students will be able to conduct various clinical, neurological, intelligence and personality evaluation
CO5: Biological Foundations of Behavior	<b>12090201</b>	<p>The course is designed to understand the nature of nature and functions of nervous system. The students will learn how brain is involved in the genesis of normal and abnormal behavioral. Course content focus upon different levels of brain's structures, and summarize the functions of its structures.</p> <p>The students shall learn the neuropsychological profile associated with various psychiatric disorders and will be able to differentiate the neuropsychological profile of organic and psychiatric disorders. The students will be able to understand the functional neuro-imaging techniques and their application in psychological disorders and cognitive neuroscience. Along with this, students will be able to assess the nature of</p>



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		disability associated with head injury and can formulate rehabilitation program for traumatic brain injury patients.
<b>M.PHIL (Clinical Psychology) Year 2</b>		
CO6: Psychotherapy and Counseling	<b>12090202</b>	The course is designed to impart knowledge and skills necessary to carry out psychological interventions in mental health problems with required competency. The students are introduced to factors that lead to development of an effective working therapeutic alliance, pre-treatment assessment, setting therapy goals, evaluation of success of therapy in producing desired changes, and variables that affect the therapy processes. Further, the aim is to equip the trainees with various theories of clinical problems, and intervention techniques, and their advantages and limitations. The students shall be able to present a critical analysis of intervention related research articles and propose their own methods/design of replicating such research
CO7: Behavioral Medicine	<b>12090203</b>	The course health psychology designed to understand the psychological factors associated with health behavior. The aim of behavioral medicine paper is to elucidate the effects of stress on immune, endocrine, and neurotransmitter functions. The students shall learn to devise psychological interventions in altering unhealthy lifestyles and in directly reducing illness related



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		<p>to various systems.</p> <p>Further, students will be able to practice health behavior model in their day to day life so that they can prevent life style diseases. With the course content, students will be able to understand about the psychosocial issues associated with terminal illnesses and can manage psychosocial issues associated with terminal illnesses</p>
CO8: Practical: Psychological Therapy and Viva Voce	<b>12090204</b>	The main aim of psychological therapy and viva is to develop a basic understanding of different disorders, case conceptualization and formulation of management plan as per the need of client.
CO9: Submission of five cases of full-length Psychotherapy Report	<b>12090205</b>	The course is designed with the aim to help students to conceptualize clinical cases and enable them to write psychotherapeutic reports of different disorders.
CO10: Dissertation	<b>12090206</b>	The students will be able to extend their knowledge of research methodology through designing research methodology as per the problem, analyzing data as per appropriate statistical techniques and manuscript writing.