



Our source of inspiration

The Sri Govind Tricentenary Dental College, Hospital & Research Institute, Budhera, Gurgaon, was set up by the Dashmesh Educational Charitable Trust with the avowed objective of spreading the message of Sri Guru Gobind Singh that the highest service is provided by the spread of learning. Therefore, the Trust aims not only towards providing quality education by the creation of a center of academic excellence for promoting studies in Sikhism and also aims to serve the society by providing better health care facilities.

From the Principal's Desk



It is indeed a matter of pride for the College that the first issue of the Newsletter is almost ready on the Editor's desk. As the first batch of the Dental students is on the threshold of appearing for its 4th year examinations, I would like to share through this Newsletter the goals and achievements of the College. It is a matter of great importance that the college has got permission from the Union ministry of Health & F.W. to take admission in the 1st Year BDS Course for the academic Session-2006-07, and the college is now ready in all respects for final inspections for recognition.

The Newsletter is an expression founder's dream of this College, the infrastructural growth, the development of learning resources, the community extension services, the outreach programmes and latest medical facilities. The efforts of the learned Faculty in training the budding dentists to become not only professional Dental Surgeons, but compassionate doctors committed to live up to the vision of the founders, the expectations of their teachers and the faith of their patients.

I congratulate the learned doctors and the student doctors for helping us build a good professional environment, and for actively participating in camps organized in the villages.

I once again congratulate every body in bringing out the first issue of this Newsletter and I hope that every issue of the Newsletter will become a means not only of sharing our achievements, but also a means of matching our achievements with our goals.

Dr. M. S. Sidhu

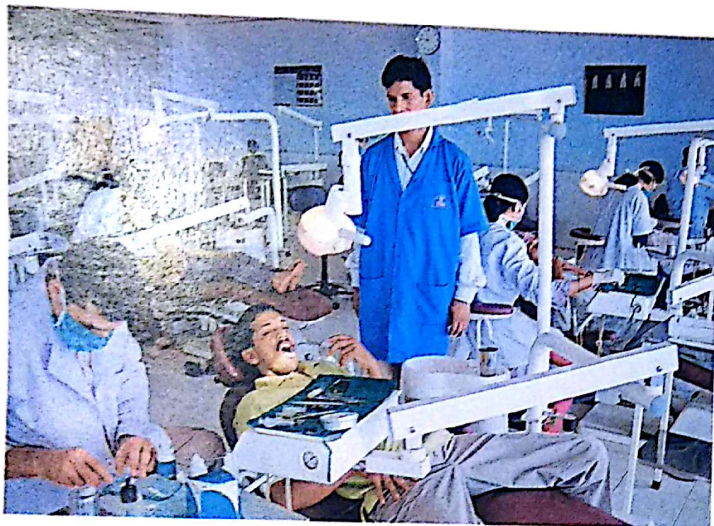
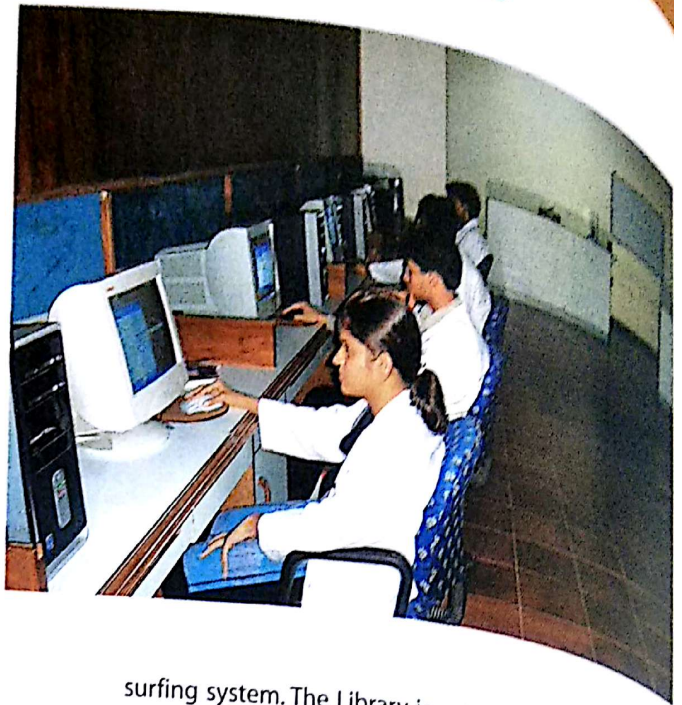


View of the College at Budhera, Gurgaon

Infrastructure and Learning Resources

Located in the rural environs of the picturesque Sultanpur Lake in Village Budhera, District Gurgaon, SGT Dental College and Hospital has a vast campus spread over 11.5 acres of land comprising the Dental College constructed in an area of 2,25,000 sq.ft.

The College has a spacious four-storey building with adequate infrastructure facilities and resources for educational programmes. In addition to the Lecture theatres and seminar rooms equipped with facility for multi-media presentations and 201 dental chairs spread across 9 dental departments, each equipped with computer and x-ray machines, the dental labs are fully equipped with facilities for Diagnostic machines.

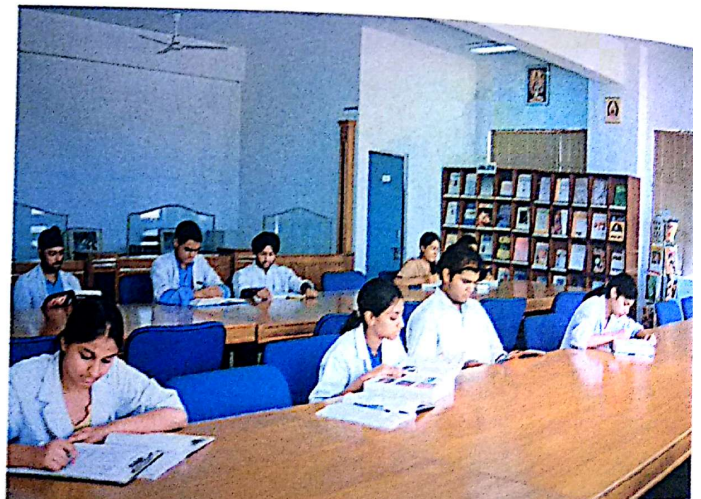


surfing system. The Library is a rich learning resource to build competence among staff and students. Besides this, a well furnished reading room to seat about 100 readers, a separate reference section and an aesthetically designed layout to create a conducive environment for students.

The college has adequate infrastructure facilities for games and sports, including volleyball and badminton courts, cricket and football grounds and facilities for table tennis. Besides providing all kinds of sports facilities and equipment, the college management also encourages students to participate in Union and State level tournaments.

RVG imaging, metal free ceramic machines and all facilities for preventive, interceptive and curative treatment along with the concerted efforts of our brilliant faculty and dedicated students make this college an ideal learning centre for dental studies.

Our College has a huge library with more than 5000 books, 35 national and international journals and periodicals. Equipped with reprography zerox, over 23 computer terminals connected with LAN system, audio video cassettes at different levels, and an Internet



Guru Gobind Singh Hospital

The SGT Dental College has a 100 bedded General Hospital within its educational campus. The hospital has dept. of Medicine, Surgery, Pediatrics, Ophthalmology, Gynaecology, Skin, Anaesthesiology. The hospital has well renowned physician and specialist to cater to the medical needs of the general public. There is 24 hours casualty and ambulance for any emergency. The dept. of Ophthalmology headed by Dr. Neeraj Sharma, has a blindness removal programme under which cataract surgery, treatment of Glucoma, cornea services including treatment of fungal infection are done. Refractory errors are taken care of by means of glasses, contact lens.



General Ward in Hospital

Deptt of gynecology deals with anti & post natal care, it is a one stop solution to all gynecological problems of patients. Normal deliveries, Cesarean-section are regularly done under supervision of Dr. Nishtha.

Dr. H.L. Khatri, HOD dept. of General Surgery is responsible for all Laprotomy (Abdomen), Appendectomy, Cholecystectomy, Prostate Surgery done under necessary anaesthesia in care of Dr. Seema Kamal. Two well

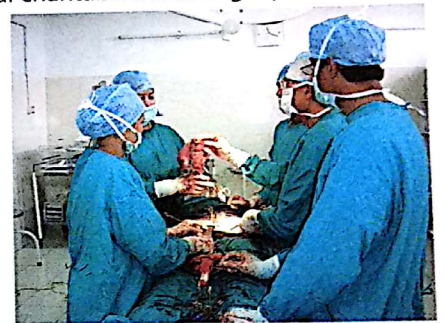
equipped OT and air conditioned recovery rooms are taken care by her. The general medical problems of patients are taken care in the

dept of medicine under leadership of Dr. V.K. Talwar and Dr. Anoop Chhabra. Dept. of Medicine is the answer to patients prayers; as all type of diseases are diagnosed and treated by the physicians. The hospital has a clinical laboratory where routine haematological and serum analysis is done.

There is physiotherapy center for rehabilitation of the patients. There are four charitable buses to get patients from villages & to drop them back. Regular medical camps are organized in nearby villages to bring health awareness among the masses.



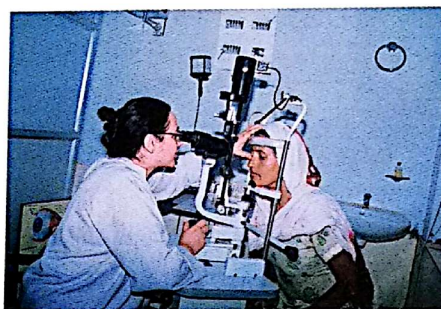
Clinical Demo in Ward



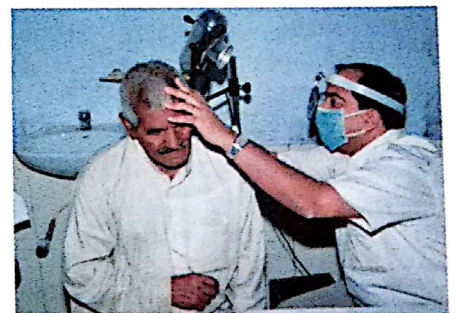
Operation Theatre



A View of the OPD



Eye Testing in Hospital



Ear Testing in Hospital

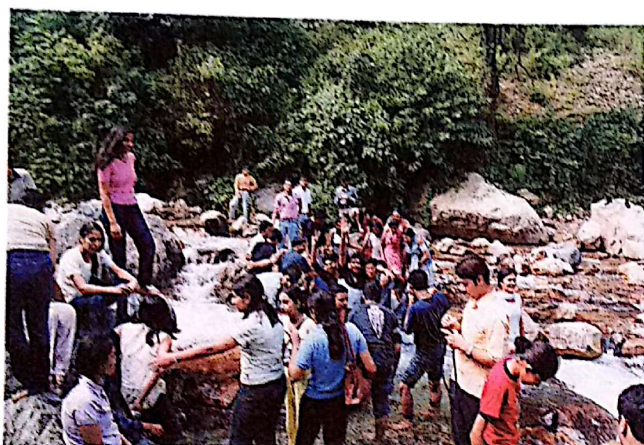
Cultural, Sports and Other Activities



Cultured Programme presented by Students

S.G.T.dental college has grown multifold over the past 4 years since its establishment. With its first batch ready to appear for final year B.D.S. this august, the college sets a perfect example for students to balance their academic life and extracurricular activities within the college campus. For the first time, the college celebrated a cultural and sports week (20.03.06-25.03.06), which culminated in the spectacular Annual Day gathering on 1st April 2006.

The event was truly in all senses, by the students and for the students. Hidden talents were revealed, stage fright thrown aside and the true colors of future doctors were seen in all forms of art work namely collage making, face painting and



Students on Picnic Tour

rangoli. The week was full of energy, colour, music and laughter. The students were so excited about the upcoming

event....They wanted to make it the best and thus put their heart and soul into it. The spirit of the students showed how much they loved their college, a feeling of "home away from home". The staff had mingled with the students so well that it looked as if a big family was celebrating.

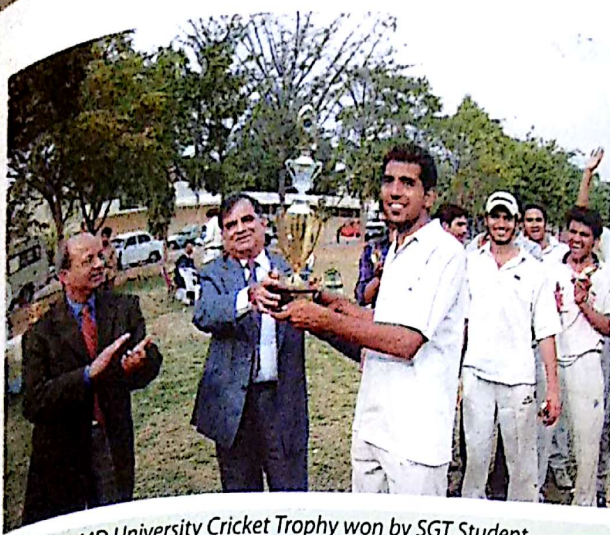
From the much loved game of India - Cricket, to throwball & volleyball, all attracted a lot of interest. Kho-kho, turned out to be huge fun for the players as well as the onlookers. Indoors, table tennis was being enjoyed and chess, tested the mental ability of the students. Tug of war highlighted



Volleyball at College Ground

the physical strength of the students and track events proved that time is of great importance. Cheerleading echoed in the college corridors...in the sports fields and in the hearts of all.

Rangoli, face painting and collage making became hugely popular, not only amongst the students but also for faculty members, who were delighted to see such great talent in their students. Rangoli attracted nearly 60 participants who made intelligent use of colours, pulses, pebbles, sawdust, diyas, candles and flowers to liven up images of lord ganesha, radha- krishan, to the traditional swastik and many other abstract forms. Everyone was eager to see the end result of all three contests. The colours had livened up the whole atmosphere of the college.



MD University Cricket Trophy won by SGT Student

The fun - n - frolic week came to end with the staff and students playing the "fun games", which included three legged race, lemon n spoon race, relay race and musical chair. The faculty nostalgically remembered their own college days amidst the fun and enthusiasm filled week.

The grand finale was the Annual Day celebration, which was beautifully organized at the "powergrid auditorium". The venue was not only spacious but well decorated and was packed to a full house in the evening. It started off with the



Student playing Football at College Ground

chief guest, deputy commissioner, Mr. R.P. Bharadwaj, lighting the lamp. Solo songs, solo dances, group dances, both Indian and western...dance to the tune, an improtant dance competition, skits kept everyone engrossed till sunset.

The fashion show was a much awaited highlight of the evening where latest fashion trends were revealed by our talented students which was awesome and happening. Towards the end, the students felicitated senior faculty by special titles and roses. Mouth watering food served in lush green lawns at the venue was certainly the perfect end to the evening of dance, music and fun.

News and Announcements

1. **Dr. D.C. Sharma**-Professor & Head Bio-Chemistry has recently published "Practical Medical Bio-Chemistry" published by B I Publication and our Lecturer **Dr. Manminder Riyat** has assisted him in this assignment. **Dr. D.C. Sharma** has published numerous papers and is author of several chapters and books. The College feels proud to announce this.
2. Case of the first implant is done in the mandibular premolar region with the hi-tech implant system, self thread endosseous implant started by **Dr. Somesh Grover**, Associate Professor in the department of Prosthodontics & Implantology.

This great endeavour has got a brilliant beginning and will give an essence in imparting dental education to the B.D.S. students & forthcoming batches. This will also give a better treatment module for the population in surrounding areas and patients reaching to our department.
3. **Dr. Vipin Kakar**, Reader in Department of Periodontics has published an article in journal of Academy of Oral Implantology titles "The Associated between the failure of Dental Implants and Cigarette Smoking".
4. University Annual Examination of all years of BDS shall commence from August 1, 2006. Theory Date Sheets are as follow :

BDS IstYear	17, 19 & 22 August 06
BDS IInd Year	01, 03 & 07 August 06
BDS IIIrd Year	25.8.06 (Proposed date)
BDS Final Year	20.09.06 (Proposed date)
5. Classes of New Batch (2006-07) already started from 16th August 2006.

Infrastructure and Learning Resources

Top Scorers from First Batch - 1st, 2nd & 3rd Year



1st Position **JYOTI YADAV**
with marks 75.4, 70.8 & 65.1%

To be studying in this college is a great thing as its infrastructure and facilities for excellence are quite matching. More so, the faculty is excellent. Hence the study atmosphere brought me to this position for which I am ever grateful to our respected Principal Sir and all faculty members.



2nd Position in 2nd & 3rd year **PANKAJ TANWAR**
with marks 70.8 & 64%

Our college is a well equipped college where we are not to go to any other institute for our internship after 4 years as a fully qualified person is already with the college. Thanks to the Management who has provided a very favorable environment for all students. Here I am fourth year student not worry about the hospital I have to choose for my internship.



2nd Position in 1st year **SUGANDHI SONI**
with marks 70.6%

There is a wonderful atmosphere and rapport between students and the faculty. The faculty is always accessible to us for helping in updating our knowledge of Dentistry. We are much grateful to all of them.



2nd Position in 1st year **SHWETA SETHI**
with marks 70.6%

I am proud to be a fourth year student of SGT Dental College getting a lot of help and encouragement from the faculty members who are solely responsible for my good position throughout.

Top Scorers from Second Batch - 1st & 2nd Year



1st Position **PANKAJ TANWAR**
with marks 74 & 72.5%

I can proudly say that I am lucky enough to be a student of the SGT Dental College. The reason mainly is that besides the excellent faculty, we have rich clinical experience even before our internship as there is a good hospital attached to it by the Management and also while attending the health camps organized by them from time to time. My thanks to all those who provide all such facilities to us.



2nd Position **DEEPIKA BANSAL** with marks 70.3 & 72%

I am very happy to be a student of SGT Dental College as it has not only an excellent faculty and good environment, but it has a unique library which is equipped with a number of rare books in Dentistry. One can spend all the leisure time there acquiring more knowledge.

Continuing Dental Education

Continuing Dental Education is an integral part of SGT Dental College and the latest in the process is talk by Prof. Monish Bhola. He is a US based dental surgeon. He gave enlightened talk on various aspects of Periodontology & Implantology. He covered varied topics in Periodontology including diagnostics aspect, recent treatment mechanotherapeutics. The audience comprised of third and final year students and whole dental faculty.

Another lecture was by Dr. Suvarna Nene, a renowned speaker in India and abroad. She delivered a lecture on Implantology. In her lecture, lot of stress was put on patient selection, type of implants available, extensive display of patients with excellent slides.

A very interesting talk was on Digital Photography in dentistry by Dr. Khozma Rangwala. It drew lot of questions by faculty members regarding the type of cameras etc.



Dr. Suvarna Nene

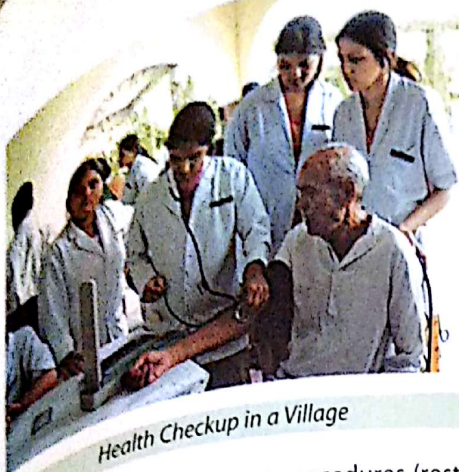


Dr. Khozma Rangwala



Prof. Monish Bhola

Community Medicine & Dentistry



Health Checkup in a Village

qualities. Various treatment procedures (restoration, simple extraction, oral prophylaxis, fluoride application etc.) are carried out in the field while for specialised treatment college vans / buses provide free transportation to / from the college / hospital.

PRIMARY HEALTH CARE :

This is based on practical, scientifically sound and socially acceptable methods and technology. Apart from catering to the needs of mother & child (family planning), it also includes the :

- (i) Treatment of simple ailments and activities in first end.
- (ii) Health education (iii) Sanitation

Apart from all these activities, the ultimate mission of this college is to create health awareness amongst population and provide health care facilities and ultimately to make this area diseases free.



Camp Conducted at Jhajjar

View's of Neighbours



मन्जू देवी, सरपंच, बुढेरा

दिनांक 22-07-2006

गांव बुढेरा में डेंटल कॉलेज के खुलने से हमारे गांव व आसपास के गांवों में काफी सुविधाएं उपलब्ध हुई हैं। इससे पहले हमारे गांव व आसपास के गांवों के लोगों को अपना इलाज बारे दूर शहर में जाना पड़ता था। इन्होंने गांव बुढेरा में होस्पिटल खोलकर गांव वालों की हर बीमारी का समाधान कर दिया है। कई बीमारियों के इलाज तो मुफ्त करते हैं। जिससे आम आदमी को काफी सहारा मिला है। इनकी सबसे अच्छी बात यह है कि ये लोग गांव-गांव में जाकर हर बीमारी के इलाज का कैम्प अनुभवी डॉक्टरों से लगवाते हैं, जिससे हर गांव वाले बहुत खुश हैं। गरीब आदमी जो अपना इलाज करने में असमर्थ है, होस्पिटल में उनकी काफी मदद की जाती है। होस्पिटल द्वारा गांव-गांव में गाड़ीयां भेजी जाती हैं जिससे गांव के लोगों को सहारा मिलता है। ये गाड़ीयां मुफ्त में मरीजों को लाती हैं और समय पर उनके घर-घर छोड़कर आती हैं। हम सभी ग्रामवासी चावला साहब, डॉक्टरों व स्टाफ वालों का धन्यवाद करते हैं और भगवान से प्रार्थना करते हैं कि चावला साहब दिन दुगुनी रात चौगुनी उन्नति करें।

मन्जू देवी

सरपंच, ग्राम पंचायत बुढेरा, जिला गुडगांव



रामचन्द्र, सरपंच, दरियापुर

दिनांक 25-07-2006

श्री गुरु गोविन्द सिंह होस्पिटल एंड रिसर्च सेन्टर के द्वारा हमारे गांव दरियापुर, तहसील बहादुरगढ़, जिला झज्जर में दिनांक को निःशुल्क कैम्प लगाया गया। जिसमें विभिन्न डॉक्टरों ने विभिन्न बीमारियों का परीक्षण करके अच्छी तरह से इलाज किया और निःशुल्क दवाइयां वितरित कीं। गांव वाले व मैं स्वयं इस सेवा के लिए एसजीटी का बहुत आभारी हूँ जिससे ग्रामवासियों को इस सेवा का उचित लाभ मिला तथा हम नम्र निवेदन करते हैं कि समय-समय पर इस प्रकार की सेवाएं प्रदान की जाएं जिससे ग्रामवासियों का भला हो सके।

‘धन्यवाद’

रामचन्द्र

सरपंच, ग्राम पंचायत दरियापुर, झज्जर

Editor has the last word



The Newsletter is a mouthpiece for any Institution. It is indeed very satisfying that the first issue of our college Newsletter is seeing the light of the day as a big endeavour. It highlights

the activities of the college, keeping the light of knowledge, research, latest in dental technology and the spirit of science in bright radiance. It is also an excellent media for staff and students to express their views to the urban and rural population.

Our college has completed more than 4 years since its inception. Since that day it has seen a lot of ups 'n' downs. In spite of a lot of hurdles and limited financial resources it vows to have the superb infrastructure, best faculty, hardworking students, sincere staff, a dedicated principal and very responsible management.

Apart from dental education and training of dental students preventive, interceptive and curative treatment is provided to all the patients in this dental college and general hospital. Our management team is taking the pains to send 4 buses across 45 villages in the surrounding areas to reach the patients.

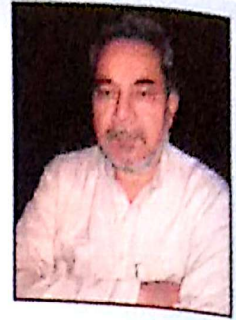
To keep up the high image of our institution, It would require continuous concerned efforts of each staff and student to keep growing this institution further.

Dr. Somesh Grover

Thought

"If you want one year of prosperity, grow grain, if you want 10 years of prosperity, grow trees, if you want 100 years of prosperity, grow people."

Message from Chairman



It is indeed heartening to learn that SGT Dental College has decided to launch its Newsletter. I congratulate the principal, the learned Faculty and the budding dentists on the publication of first issue of this Newsletter.

The establishment of a dental College in a rural area followed by setting up of a 100-bedded General Hospital equipped to provide the latest medical facilities was the first step towards the realization of that dream.

Recent positive charges in the management have enabled it to move forward at a visible and laudable pace. Student satisfaction and academic motivation is matched by the constant effort of the trust to upgrade facilities, infrastructure and logistical support.

Even though our institution has faced malicious and unfounded criticism from some unscrupulous vested interest, the facts on the ground are so visible and the improved standards of administration so heartening, that this has not bothered us.

I am sure that God will bless the dedicated efforts of the doctors and the students of this College in making this area a disease free area.

I once again congratulate the principal, the Faculty and the students in translating the dreams into reality and wish them Goodspeed in all their dreams.

Rambahadur Rai

Chairman, Dashmesh Educational Charitable Trust



CIVIL SURGEON
GURGAON - 122
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Dated : 2.8.2006

Message

I am delighted to learn that S.G.T. Dental College Budheda, Gurgaon is publishing an official 'Newsletter' of the College. This shall give all academic information to all and update the population regarding Dental Health, curative and preventive. This is a great venture.

I am sure a publication of this type shall provide an opportunity of updating knowledge for all the readers. Publishing of any type needs hard work by the editors and others as a team.

I wish to congratulate publishing Committee for their big endeavour.

Dr. D.V. Saharan

Dr. D.V. Saharan

Civil Surgeon, Gurgaon